



WORLD
PSYCHIATRIC
ASSOCIATION

THE 23RD MALAYSIAN CONFERENCE OF PSYCHOLOGICAL MEDICINE (MCPM)
& 1ST INTERNATIONAL MEETING OF THE WORLD PSYCHIATRIC ASSOCIATION

PSYCHOTHERAPY SECTION-

WPA CO-SPONSORED CONFERENCE (ZONE 16)

WPApsychotherapyMCPM2019.com

Conference Themes:

"Cutting Edge Evidence Based Treatments in Psychiatry" (MCPM)
"Evidence Based-Psychotherapies" (WPA)

WORKSHOP 4

Psychospiritual therapy:
Understanding
and approaches
to handling
clients

JULY 13, 2019

The spiritual aspect of the client's recovery is usually overlooked in therapy sessions. The Psychospiritual Therapy (PST) addresses this problem. The workshop presents an overview of Psychospiritual Therapy and shares steps in conducting an Islamic Psychospiritual therapy. The sociocultural perspective of PST is explored. Audiences will be provided some insights on the approaches in dealing with the patients during the PST session.

0800-0830 Registration		
	Topic	Speaker
0900-1000	Introduction to Islamic Psychospiritual therapy (PST) PST:Stand-Alone or Adjunct Therapy	Mohamed Hatta Shaharom (MYS)
1000-1030	Break	
1030-1130	Steps in Islamic Psychospiritual Therapy	Mohamed Hatta Shaharom (MYS)
1130-1230	Sociocultural applications of psychospiritual therapy	Asrenee Ab Razak (MYS)
1300-1400	Lunch	
	Approaches in Dealing with Patient	
1400-1500	Therapeutic Alliance: Prophetic Etiquette	Nabil Rosli (MYS)
1500-1600	Psychospiritual Approaches in Cognitive Behavior Therapy	Khairul Azhar Idris (MYS)
1600-1630	Cognitive Processes in Psychospiritual Therapy	Intan Aidura Alias (MYS)
	Break	
1630-1700	Closing remarks	

Venue: Hilton, Kuala Lumpur
Workshop Registration Fee:
Local-RM350, Foreign-USD200